

Summary of the Consultation on proposed changes to inpatient Mental Health services across South Staffordshire



Consultation Period:
24th October 2011 – 16th January 2012

This document is also available in other languages, large print and audio format upon request.

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هذه الوثيقة متاحة أيضا بلغات أخرى والأحرف الطباعية الكبيرة وبطريقة سمعية عند الطلب.

এই ডকুমেন্ট অন্য ভাষায়, বড় প্রিন্ট আকারে এবং অডিও টেপ আকারেও অনুরোধে পাওয়া যায়।

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این مدرک همچنین بنا به درخواست به زبانهای دیگر، در چاپ درشت و در فرمت صوتی موجود است.

Ce document est également disponible dans d'autres langues, en gros caractères et en cassette audio sur simple demande.

આ દસ્તાવેજ વિનંતી કરવાથી બીજી ભાષાઓ, મોટા છાપેલા અક્ષરો અથવા ઓડિઓ રચનામાં પણ મળી રહેશે.

ئەم بەلگەییە ھەر ھەما بە زمانەکانی کە، بە چاپی درشت و بە شریتی تەسجیل دەس دەکەوێت

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Waxaa kale oo lagu heli karaa dokumentigaan luqado kale, daabacaad ballaaran, iyo cajal duuban haddii la soo waydiisto.

Hati hii vile vile inapatikana katika lugha nyingine, kwa maandishi makubwa na katika sauti kwa maombi.

நீங்கள் கேட்டுக்கொண்டால், இந்த ஆவணம் வேறு மொழிகளிலும், பெரிய எழுத்து அச்சிலும் அல்லது ஒலிநாடா வடிவிலும் அளிக்கப்படும்.

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درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

Consultation Summary

What this consultation is about?

Over the past two years, the people who use, support, provide and fund mental health services in South Staffordshire have been considering how these services can best meet the needs of our local population. We have been talking and listening to staff, patients, service users, carers, local support groups, voluntary groups and local commissioners.

When my illness was at its worse my Consultant Psychiatrist suggested that I should go into hospital. This was the most awful idea, the thought of feeling so ill, being away from my home and family was too scary to think about. Fortunately I had brilliant care at home and didn't need to go into hospital. I am certain that I got better much quicker at home.

Service User

These discussions have led to developments and improvements in community services across South Staffordshire and changes to the way services are provided. Local views on the proposals are being sought by South Staffordshire Primary Care Trust in Partnership with South Staffordshire and Shropshire Healthcare NHS Foundation Trust, which runs the majority of the hospital and community-based mental health services currently available in South Staffordshire.

This consultation document is about the future direction of mental health inpatient services in South Staffordshire. It seeks views on how people would like to see inpatient

services delivered following the strengthening of community mental health services and the reduced need for inpatient beds in South Staffordshire.

Local views on the proposals will be sought by South Staffordshire Primary Care Trust in partnership with South Staffordshire and Shropshire Healthcare NHS Foundation Trust, which runs the majority of the hospital and community-based mental health services currently available in South Staffordshire, and with the Joint Commissioning Unit, who commission a wide range of mental health services for the people of South Staffordshire.

Why our mental health services need to change?

Locally we have been looking at how we can make sure that our local services are delivered in line with best practice. We want to ensure that we are delivering the safest, highest quality care in an efficient way which focuses on the recovery of our service users.

Mental health impacts on everything we do as individuals. It affects our ability to think, to work, to maintain personal relationships, to take part in social activities and generally to enjoy what life has to offer.

One in four of us will experience a mental health problem of some kind during our lives. Around half of all women and a quarter of men will be affected by depression at some point. People with a physical illness have twice the rate of mental health problems compared to the general population. People who have been abused, or have been victims of domestic violence, are also especially vulnerable.

Good mental health services are therefore vital to ensuring that those of us who are affected receive the care and support we need.

How we have strengthened community mental health services

We have invested in the following mental health services provided in Community Settings:

- Psychological therapies
- New day opportunity services.
- A short term intervention service where people can stay for up to three nights.
- An intensive rehabilitation recovery service.

All have been developed in partnership with the voluntary and third sector.

In 2010, South Staffordshire Primary Care Trust invested £792,000 to develop the Crisis Resolution and Home Treatment Team (CR/HTT).

This provides a 24 hour, 7 days a week; community based service and also acts as the gatekeeper for inpatient beds.

- The support this team provides ensures that only those people



Instead of hospital admission I chose this one, and for me it was the right choice.

Service user, feedback on CR/HTT

who really need to be in hospital are admitted.

- Specialist services have also been developed for people with dementia, including memory services and care for people with challenging behaviour. Night time, home based respite for carers also helps the cared for person to remain independent in their own home.
- We have altered the way that people access our services and changed the focus from being based on age, to being based on the need of the individual.
- We have introduced new ways of working in our hospitals which help ensure those people who need specialist inpatient care receive this quickly and are supported to return home as soon as possible.
- Because of the changes we have already made, and because all the evidence tells us that this is better for people's mental well-being, and is what service users prefer, we now need fewer inpatient beds.

In addition to the significant developments already described, a continued programme of development and improvement to community services is in place.

How we propose to re-design inpatient mental health services

Admission to hospital will be based on need, not age and working with the specialist teams each person will be looked after according to their individual needs and helped to return back home as soon as is right for them.

The options for providing in patient mental health care have been looked at very carefully. Each option has been measured against a set of criteria, or important things to consider. These criteria covered;

- Quality and safety of services.
- Effective use of resources.
- Whether the option would continue to be good for service users.
- Whether the option offered opportunities for future development of services.
- Knowledge, training, development and engagement of staff.
- How choosing this option might affect other aspects of mental health services provided.

Five options have been considered;

We have looked at a variety of evidence including the types of patients accessing services and the time they spend on the various units. We have considered the suitability of the buildings we currently use. We have piloted having fewer inpatient beds and audited whether this meant service users had any problems.

The various options which have been considered are described below;

Option One

Do nothing, inpatient services would stay as they are currently.

This option scored the lowest as it does not enable services to be modernised to ensure best practice.

Option Two

Reduce acute inpatient beds by 18 and older adult beds by 7 through closures on all mental health wards across South Staffordshire.

This option does create a safe number of inpatient beds but does not allow for the best use of resources. Every inpatient site requires significant service costs in order to run, for example access to support services and on site medical presence. The greater number of inpatient sites the more is spent on administrative and other support services and the less efficient the service is overall.

Service users and staff are also less able to benefit from the expertise and specialist skills found in larger units.

Option Three

Removal of all beds at the Margaret Stanhope Centre, Burton on Trent, resulting in a loss of 18 acute inpatient beds and 7 older adult beds and re-provide one older adult bed at George Bryan Centre, Tamworth. This option addresses all the principles raised through the engagement and involvement of all those interested in local mental health services as part of the No Delays project. It will ensure all inpatients will have single bedrooms and increased safety and privacy and access to specialist skills and expertise. This option offers an efficient use of available resources.

Traditionally whilst we have tried to offer someone an inpatient bed near to where they live it's not always been possible, either because the particular needs of that person would best be met in another hospital, or just because all the beds in their local unit were full. Now there are many more options for care and support to keep someone in their own home and out of hospital, and if they do need to be admitted, they will probably be in hospital for a much shorter time.

Dr Abid Khan, Consultant Psychiatrist

Option Four

Removal of all beds at the George Bryan Centre, Tamworth, resulting in a loss of 20 acute beds and 11 older adult beds.

This option would mean closing a higher number of beds which would result in the total number of inpatient beds across South Staffordshire being too low to provide safe services in line with national guidance and therefore would require some investment to increase the beds on other sites to ensure there are enough beds for South Staffordshire.

Option Five

Close an acute ward and older adult ward at St George's Hospital, Stafford, resulting in a loss of 20 acute beds and 14 older adult beds.

St George's Hospital is a large, mostly purpose built site and offers high quality, ensuite, single bedded accommodation. As a large unit it also has good support structures offering good access to specialist skills and expertise and allowing the delivery of services in the most efficient way. This option would also require investment to increase the bed numbers on another site or the reconfiguration of wards on this site to ensure a safe number of beds available for South Staffordshire residents.

Option Information

Site	Ward	Number of Beds
St Georges Hospital, Stafford	Chebsey Ward – Acute functional mental health	20
	Brocton Ward – Acute functional mental health	20
	Norbury Ward – Intensive Care functional mental health	10
	Bromley Ward – Older people with mental health problems	14
	Baswich Ward – Older people with organic mental health conditions	12
Margaret Stanhope Centre, Burton-on-Trent	Acute Ward – Acute functional mental health	18
	Older Adults Ward – Older people with mental health problems	8
George Bryan Centre, Tamworth	West Wing - Acute functional mental health	20
	East Wing - Older people with mental health problems	11

The Preferred Option

In response to the need for less inpatient beds the proposal is to reduce the number of sites where inpatient mental health care is provided.

The quality of the environment in the different inpatient units across South Staffordshire currently varies considerably. Each site also needs access to support services such as porters and cleaners, and an onsite medical presence. The more inpatient sites there are, the more is spent on administrative and other support services and the less efficient the service is overall. There are also benefits which come from being in larger units such as support from staff on other wards if needed, more opportunity for specialist services to be provided and more concentration of staff expertise which supports good practice and developing new ideas.

We believe that running services from two inpatient sites will allow the best balance between geographic accessibility and safety, quality and efficiency. At present, it would not be viable to run from only one site – such as St Georges Hospital – because the site is not large enough.

The preferred proposal in this document is the removal of all of beds at the Margaret Stanhope Centre in Burton and concentrate mental health inpatient services for the people of South Staffordshire in Stafford and Tamworth.

In conclusion, the preferred option will deliver the following inpatient based quality improvements;

- Single bedrooms on all wards.
- Safest number of beds needed based on current community services.
- Improved safety and privacy.
- Better access to external space.
- Better staff back up, support and shared expertise.
- Less inequality in terms of service provision and service standards.
- Most efficient and effective use of resources.

Having your say

Whilst we would especially welcome your views on the specific points of the consultation questions, you are welcome to comment on or ask questions about any part of this consultation document.

You can have your say in a number of different ways but we would prefer you to answer the consultation questions. You can either do this online at:

www.southstaffordshirepct.nhs.uk/HaveYourSay/activeConsultations.asp

or by returning the consultation questions form provided with this summary to

FREEPOST RSCL-CGYL-TURK

**South Staffordshire Primary Care Trust,
107 – 111 Anglesey Court, Towers Plaza,
Wheelhouse Road,
Rugeley, Staffordshire, WS15 1UL**

We are also holding a number of public consultation events. The planned consultation events are:

Monday 21st Nov – Arthur Findlay Centre, 96a Stone Road, Stafford, ST16 2RS – 5.30pm start

Thursday 24th Nov – Burton Albion FC, Pirelli Stadium, Princess Way, Burton, DE13 0AR – 5.30pm start

Monday 5th Dec – Main Hall, Wiggin Centre, Sir Robert Peel Hospital, Tamworth – 6pm start

If you would like to attend any of the events above please confirm your attendance. You can do this by either;

- visiting the PCT Website: **www.southstaffordshirepct.nhs.uk/HaveYourSay/activeConsultations.asp**
- contacting us by email: **consultation@southstaffordshirepct.nhs.uk**
- or by calling 0845 602 6772 ext 1529

You can also express your views and comments by writing to the freepost address above or by emailing your views to **consultation@southstaffordshirepct.nhs.uk**

We ask that your comments are received by 5pm on Monday 16th January 2012.

Any responses received after this time will not be included in the analysis.

It is the intention of the project team to publish a summary document of the responses received and as such we will not accept anonymous responses.

Contact details for more information or any general questions

Please call: 0845 602 6772 ext 1529

Email: consultation@southstaffordshirepct.nhs.uk

